

High School Power Standards

Alignment to State Standards (identify power standards with the GLE/CLE or Common Core Code and list other standards taught):

1. Students develop skills and processes that contribute to the development of a healthy self.
2. Students develop health-promoting and risk-reducing behaviors used to prevent substance abuse.
3. Students determine how knowledge, skills, attitudes, and behaviors contribute to healthy relationships with self and others.
4. Students analyze issues related to health promotion and disease prevention.
5. Students determine how individual and group behaviors impact personal and community health and safety.
6. Students plan to incorporate healthy nutritional and fitness behaviors.
7. Students evaluate health information needed to advocate for personal, peer, family, community, and environmental health.
8. Students demonstrate various strategies when making goal-setting decisions to enhance health.